

Jessica Brown, Psy. D. Licensed Psychologist  
Parkdale Therapy Group  
1000 Shelard Parkway #520  
St. Louis Park, MN 55426-1053  
952-224-0399 Ext. 104

Dear \_\_\_\_\_

Your initial appointment has been scheduled for: \_\_\_\_\_

The session will be held at my private office at Parkdale Therapy Group at 1000 Shelard Parkway, Suite 520, in St. Louis Park. This is a six story, black glass building that says Focus Financial on the side. Directions are as follows:

From the East:

Take Highway I-94 to I-394 West. Exit at Hopkins Crossroads and turn right. Turn right on North Frontage Road. We are the driveway on the left after the La Quinta hotel. Turn into the Focus Financial ramp.

From the West:

Take Highway I-394 East. Exit on Hopkins Crossroads and turn right. Turn right on North Frontage Road. We are the driveway on the left after the La Quinta hotel. Turn into the Focus Financial ramp.

Please complete the enclosed forms and bring them to your first session. This will assist me in my understanding of you or your family members particular concerns and possible directions for problem solving. The insurance forms are fairly self-explanatory, please let me know if you have any questions about these. You will need to check with your insurance company to find out what, if any, deductible and co-pay fees will be. Payment, beginning with the first session, is due at the beginning of the hour.

If you need to change or cancel your appointment, or have further questions, please let me know, I can be reached at the above number. I look forward to meeting with you.

Sincerely,

Jessica Brown, Psy. D.  
Licensed Psychologist